

<p>Monday 16th November 2020 Lunch MEAT FREE MONDAY Carrot and coriander Soup Falafel, wholemeal pitta bread, mint yoghurt and roasted vegetable and chickpea cous cous</p> <p>Pasta and tomato sauce Jacket Potato and baked beans</p> <p>Steamed lemon and sultana Sponge and custard</p> <p>Fresh fruit</p> <p>Dinner</p> <p>Cottage Pie with mixed vegetables or baked beans</p> <p>Sweet</p> <p>Fresh Fruit</p>	<p>Tuesday 17th November 2020 Lunch Leek and Potato Soup</p> <p>Lasagne or Vegetable Lasagne with Garlic bread and salad</p> <p>Pasta with tomato sauce Jacket Potato and butter</p> <p>Bakewell Tart and cream</p> <p>Fresh Fruit</p> <p>Dinner</p> <p>Chicken Enchiladas with rice and filled potato boats</p> <p>Sweet Fresh Fruit</p>	<p>Wednesday 18th November 2020 Lunch Mushroom Soup</p> <p>Chicken Breast or Quorn Fillet with pepper sauce or gravy New potatoes and vegetables</p> <p>Pasta with tomato sauce Jacket Potato and cheese</p> <p>Apple Pie and custard</p> <p>Fresh Fruit</p> <p>Dinner</p> <p>Toad in the Hole with mashed potatoes and vegetables</p> <p>Sweet</p> <p>Fresh Fruit</p>	<p>Thursday 19th November 2020 Lunch</p> <p>Mild Chilli Con Carne Spicy Vegetable and bean Chilli And Rice Pasta with tomato sauce</p> <p>Sticky Toffee Pudding</p> <p>Fresh Fruit</p> <p>Dinner</p> <p>Homemade Pasty Croquette potatoes and vegetables</p> <p>Sweet</p> <p>Fresh Fruit</p>
<p>Friday 20th November 2020</p> <p>Lunch Grilled Chicken breast or Veggie burger with lettuce, cucumber, and tomato in a bap</p> <p>With chips</p> <p>Pasta and tomato sauce</p> <p>Mousse</p> <p>Fresh Fruit</p> <p>Dinner</p> <p>Pork Escalope with Mushroom sauce, spaghetti and French bread</p> <p>Sweet</p> <p>Fresh Fruit</p>	<p>Saturday 21st November 2020</p> <p>Breakfast Selection of cereals</p> <p>Sausage Baguette</p> <p>Lunch Selection of sandwiches Crisps and fruit</p> <p>Dinner</p> <p>Chinese Chicken, noodles, egg fried rice and prawn crackers</p> <p>Sweet Fresh fruit</p>	<p>Sunday 22nd November 2020</p> <p>Breakfast Selection of cereals</p> <p>Croissants</p> <p>Toast and spreads Lunch Roast loin of Pork, Yorkshire pudding, Roast potatoes and vegetables with gravy</p> <p>Sweet Supper</p> <p>Pasta Bake</p> <p>Cake Fruit</p>	

SLINDON COLLEGE

Allergen Information

“All our food is prepared in a kitchen where nuts, gluten and other allergens are present

and our menu descriptions do not include all ingredients.” If you have a food allergy, please let us know before ordering.

“Full allergen information is available on request”