

# Slindon College Menu

**Monday 11th February 2019**

**Lunch**

**Homemade Tomato Soup**

**Lasagne or Vegetable Lasagne**

**Or**

**Chicken in a cream sauce with Spaghetti**

**Or**

**Pasta and tomato sauce**

**And garlic bread**

**Salad Bar**

**(Lettuce, tomato, cucumber, potato salad, coleslaw, pasta salad etc.)**

**Jacket Potato**

**Baked beans**

**Selection of sandwiches,**

**(Chicken, tuna, cheese, ham, egg mayo) ordered at break**

**Steamed Jam and custard**

**Fresh Fruit**

**Dinner**

**Pork Steak with onion rings,**

**Parmentier potatoes and mixed vegetables**

**Salad Bar**

**Sweet**

**Yoghurt and fruit puree/Fresh Fruit**

**Tuesday 12th February 2019**

**Lunch**

**Homemade Mushroom Soup**

**Jerk Chicken with rice n peas or plain rice and roasted vegetables**

**Or**

**Macaroni Cheese**

**Or**

**Pasta with tomato sauce**

**Salad Bar**

**(Lettuce, tomato, cucumber, potato salad, coleslaw, pasta salad etc.)**

**Grated Cheese and Sliced Ham**

**Jacket Potato, Baked beans**

**Selection of sandwiches,**

**(Chicken, tuna, cheese, ham, egg mayo) ordered at break**

**Apple Samosa's and ice cream**

**Fresh Fruit**

**Dinner**

**Meatballs and spaghetti with garlic bread**

**Salad Bar**

**Sweet**

**Yoghurt and fruit puree/Fresh Fruit**

**Wednesday 13th February 2019**

**Lunch**

**Homemade Mulligatawny Soup**

**Breaded Pork escalope or Breaded Risotto Cake, With boulangere potatoes and vegetables**

**Or**

**Pasta with tomato sauce**

**Salad Bar**

**(Lettuce, tomato, cucumber, potato salad, coleslaw, pasta salad etc.)**

**Grated Cheese and Sliced Ham**

**Jacket Potato, Baked beans**

**Selection of sandwiches,**

**(Chicken, tuna, cheese, ham, egg mayo) ordered at break**

**Bakewell Tart and custard**

**Fresh Fruit**

**Dinner**

**Homemade Beef burger and chips**

**Salad Bar**

**Sweet**

**Yoghurt and fruit puree/Fresh Fruit**

**Thursday 14th February 2019**

**Lunch**

**Homemade Minestrone Soup**

**Chicken Curry with rice and nan bread**

**Or**

**Sussex Pie and mashed potatoes and gravy**

**Or**

**Pasta and tomato sauce**

**Salad Bar**

**(Lettuce, tomato, cucumber, potato salad, coleslaw, pasta salad etc.)**

**Grated Cheese and Sliced Ham**

**Jacket Potato, Baked beans**

**Selection of sandwiches,**

**(Chicken, tuna, cheese, ham, egg mayo) ordered at break**

**Steamed Syrup sponge and custard**

**Fresh Fruit**

**Dinner**

**Chicken enchiladas with filled potato boats**

**Salad Bar**

**Sweet**

**Yoghurt and fruit puree/Fresh Fruit**

**Friday 15th February 2019**

**Lunch**

**Homemade Vegetable Soup**

**Homemade Pizza's**

**Pepperoni**

**Ham and pineapple**

**Margherita**

**And Chips**

**Salad Bar**

**(Lettuce, tomato, cucumber, potato salad, coleslaw, pasta salad etc.)**

**Grated Cheese and Sliced Ham**

**Jacket Potato, Baked beans**

**Selection of sandwiches,**

**(Chicken, tuna, cheese, ham, egg mayo) ordered at break**

**Chocolate Mousse and cream**

**Fresh Fruit**

**HALF TERM**

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