

# Slindon College Menu

Monday 5th November 2018



Lunch

Homemade Butternut Squash Soup

Bangers and Mash

Or

Pasta and tomato sauce

Salad Bar

(Lettuce, tomato, cucumber, potato salad, coleslaw, pasta salad etc.)

Jacket Potato

Baked beans

Selection of sandwiches,

(Chicken, tuna, cheese, ham, egg mayo) ordered at break

Toffee Apple Squares and ice cream

Fresh Fruit

Dinner

Homemade Chicken Nuggets with chips and bbq sauce

Salad Bar

Sweet

Tuesday 6th November 2018

Lunch

Homemade Tomato Soup

Spaghetti Carbonara

Or

Spicy Spaghetti Bolognaise

Or

Pasta with Tomato sauce

Salad Bar

(Lettuce, tomato, cucumber, potato salad, coleslaw, pasta salad etc.)

Grated Cheese and Sliced Ham

Jacket Potato, Baked beans

Selection of sandwiches,

(Chicken, tuna, cheese, ham, egg mayo) ordered at break

Steamed Choc Chip Sponge and Custard

Fresh Fruit

Dinner

Chicken wrapped in bacon with parmentiar potatoes and vegetables

Salad Bar

Sweet

Yoghurt and fruit puree

Wednesday 7th November 2018

Lunch

Homemade Mushroom Soup

Roast Topside of Beef, Yorkshire pudding,

Roast potatoes and gravy

Or

Pasta and tomato sauce

Salad Bar

(Lettuce, tomato, cucumber, potato salad, coleslaw, pasta salad etc.)

Grated Cheese and Sliced Ham

Jacket Potato, Baked beans

Selection of sandwiches,

(Chicken, tuna, cheese, ham, egg mayo) order at break

Profiteroles

Fresh Fruit

Dinner

Homemade Various Pizza's

Salad Bar

Sweet

Yoghurt and fruit puree

Fresh Fruit

Thursday 8th November 2018

Lunch

Homemade Minestrone Soup

Chicken or Vegetable Tortilla Wrap, Salsa and potato wedges or vegetable rice

Or

Pasta with tomato sauce

Salad Bar

(Lettuce, tomato, cucumber, potato salad, coleslaw, pasta salad etc.)

Grated Cheese and Sliced Ham

Jacket Potato, Baked beans

Selection of sandwiches,

(Chicken, tuna, cheese, ham, egg mayo) ordered at break

Apple Puffs and custard

Fresh Fruit

Dinner

Lasagne and garlic bread

Salad Bar

Sweet

Yoghurt and fruit puree

Fresh Fruit

Friday 9th November 2018

Lunch

Homemade Vegetable Soup

Breaded Salmon fillet burger

With lemon and dill mayonnaise (optional) with chips

Or

Macaroni Cheese/ Macaroni and bacon cheese

Or

Pasta and tomato sauce

Salad Bar

(Lettuce, tomato, cucumber, potato salad, coleslaw, pasta salad etc.)

Grated Cheese and Sliced Ham

Jacket Potato, Baked beans

Selection of sandwiches,

(Chicken, tuna, cheese, ham, egg mayo) ordered at break

Strawberry Milk Jelly and cream

Fresh Fruit

Dinner

Beef Pie with puff pastry lid, new potatoes and vegetables

Salad Bar

Sweet

Yoghurt and fruit puree or Fresh Fruit

Saturday 10th November 2018

Breakfast

Selection of cereals

Sausage, bacon, fried eggs, mushrooms, baked beans, hash browns and fried bread

Toast and spreads

Lunch

Selection of sandwiches

Crisps and fruit

Dinner

Stir Fry Chicken with ginger, chilli and soy sauce,

Egg fried rice, noodles and prawn crackers

Salad Bar

Sweet

Yoghurt and fruit puree

Fresh Fruit

Sunday 11th November 2018

Breakfast

Selection of cereals

Pain au Chocolate and Croissant

Toast and spreads

Lunch

Roast Loin of Pork,

Yorkshire pudding, stuffing, Roast potatoes and vegetables

Sweet

Supper

Pasta Dish

Build your own baguette

Chicken mayo, egg mayo, ham, cheese  
Lettuce, tomatoes, cucumber and onion

Crisps

Cake

Fruit