

Slindon College Menu

Monday 8th October 2018

Lunch

Homemade Tomato Soup

Tagliatelle Carbonara with garlic bread

Or

Roasted Butternut Squash Risotto

Or

Pasta with tomato and basil sauce

Salad Bar

(Lettuce, tomato, cucumber, potato salad, coleslaw, pasta salad etc.)

Jacket Potato

Baked beans

Selection of sandwiches,

(Chicken, tuna, cheese, ham, egg mayo) ordered at break

Eve's Pudding and custard

Fresh Fruit

Dinner

Beef Stroganoff with Creamed potatoes or rice

And mixed vegetables

Salad Bar

Sweet

Yoghurt and fruit puree Fresh Fruit

Tuesday 9th October 2018

Lunch

Homemade Celery Soup

Chinese Chicken and black bean sauce or Vegetable Spring Roll, Noodles, Rice, stir fry vegetables and

prawn crackers

Or

Pasta and tomato sauce

Salad Bar

(Lettuce, tomato, cucumber, potato salad, coleslaw, pasta salad etc.)

Grated Cheese and Sliced Ham

Jacket Potato, Baked beans

Selection of sandwiches,

(Chicken, tuna, cheese, ham, egg mayo) ordered at break

Chocolate Pancakes with ice cream

Fresh Fruit

Dinner

Homemade Chicken Burger with chips or baked beans

Salad Bar

Sweet

Yoghurt and fruit puree

Fresh Fruit

Wednesday 10th October 2018

Lunch

Homemade Mushroom Soup

Pork Steak with apple and mustard sauce or gravy

Or

Courgette and sweetcorn fritters,

Sauté potatoes and vegetables

Or

Pasta with tomato sauce

Salad Bar

(Lettuce, tomato, cucumber, potato salad, coleslaw, pasta salad etc.)

Grated Cheese and Sliced Ham

Jacket Potato, Baked beans

Selection of sandwiches,

(Chicken, tuna, cheese, ham, egg mayo) order at break

Bakewell Tart and Custard/Fresh Fruit

Dinner

Piri Piri Chicken, fried rice and tortilla chips

Salad Bar

Sweet

Yoghurt and fruit puree/Fresh Fruit

Thursday 11th October 2018

Lunch

Homemade cream of Cauliflower Soup

Steak Pie or Vegetable Pie, Mashed potatoes, vegetables and gravy

Or

Pasta and tomato sauce

Salad Bar

(Lettuce, tomato, cucumber, potato salad, coleslaw, pasta salad etc.)

Grated Cheese and Sliced Ham

Jacket Potato, Baked beans

Selection of sandwiches,

(Chicken, tuna, cheese, ham, egg mayo) ordered at break

Sticky Toffee Pudding

Fresh Fruit

Dinner

Chicken Enchiladas with

Filled potato boats

Salad Bar

Sweet

Yoghurt and fruit puree

Fresh Fruit

Friday 12th October 2018

Lunch

Homemade Vegetable Soup

Homemade Pizzas

Pepperoni

Mozzarella and tomato

Ham and Pineapple

With Chips

Salad Bar

(Lettuce, tomato, cucumber, potato salad, coleslaw, pasta salad etc.)

Grated Cheese and Sliced Ham

Jacket Potato, Baked beans

Selection of sandwiches,

(Chicken, tuna, cheese, ham, egg mayo) ordered at break

Jelly and cream

Fresh Fruit

Dinner

Meatballs and Spaghetti with garlic bread

Salad Bar

Sweet

Yoghurt and fruit puree

Fresh Fruit

Saturday 13th October 2018

Breakfast

Selection of cereals

ausage, bacon, fried eggs, mushrooms, baked beans, hash browns and fried bread

Toast and spreads

Lunch

Selection of sandwiches

Crisps and fruit

Dinner

Sirloin Steak, Diane sauce, chips, onion rings

And peas

Salad Bar

Sweet

Yoghurt and fruit puree

Fresh Fruit

Sunday 14th October 2018

Breakfast

Selection of cereals

Pain au Chocolate and Croissant

Toast and spreads

Lunch

Roast Turkey,

Yorkshire pudding, stuffing,

Roast potatoes and vegetables

Sweet

Supper

Pasta Bake

Build your own baguette

Chicken mayo, tuna, egg mayo, ham, cheese

Lettuce, tomatoes, cucumber and onion

Crisps

Cake

Fruit