

# Slindon College Menu

Monday 13th May 2019

Lunch

Homemade Cream of Cauliflower Soup

Chilli Con Carne and rice

Or

Cottage Pie with mixed vegetables

Or

Pasta and tomato sauce

Salad Bar

(Lettuce, tomato, cucumber, potato salad, coleslaw, pasta salad etc.)

Jacket Potato

Baked beans

Selection of sandwiches,

(Chicken, tuna, cheese, ham, egg mayo) ordered at break

Steamed Jam/ Jam and coconut sponge and custard

Fresh Fruit

Dinner

Chicken breast wrapped in bacon with chips and peas

Salad Bar

Sweet

Yoghurt and fruit puree or Fresh Fruit

Friday 17th May 2019

Lunch

Homemade Vegetable Soup

Homemade Breast of Chicken Burger or Veggie Burger

With Chips

Or

Pasta and tomato sauce

Salad Bar

(Lettuce, tomato, cucumber, potato salad, coleslaw, pasta salad etc.)

Grated Cheese and Sliced Ham

Jacket Potato, Baked beans

Selection of sandwiches,

(Chicken, tuna, cheese, ham, egg mayo) order at break

Apple Puffs and custard

Fresh Fruit

Dinner

Spaghetti Bolognese and garlic bread

Salad Bar

Sweet

Yoghurt and fruit puree or Fresh Fruit

Tuesday 14th May 2019

Lunch

Homemade Tomato Soup

Pulled Pork, stuffing and apple sauce in toasted ciabatta or

Roasted vegetables in toasted ciabatta

With sauté potatoes

Or

Pasta with tomato sauce

Salad Bar

(Lettuce, tomato, cucumber, potato salad, coleslaw, pasta salad etc.)

Grated Cheese and Sliced Ham

Jacket Potato, Baked beans

Selection of sandwiches,

(Chicken, tuna, cheese, ham, egg mayo) ordered at break

Banana and chocolate bread and butter pudding

Fresh Fruit

Dinner

Beef Stroganoff with rice, broccoli and French bread

Salad Bar

Sweet

Yoghurt and fruit puree or Fresh Fruit

Wednesday 15th May 2019

Lunch

Homemade Carrot and Coriander Soup

Chicken Korma or Chicken Madras or Vegetable Curry, Rice, onion salad, mango chutney and poppadum

Or

Pasta with tomato sauce

Salad Bar

(Lettuce, tomato, cucumber, potato salad, coleslaw, pasta salad etc.)

Grated Cheese and Sliced Ham

Jacket Potato, Baked beans

Selection of sandwiches,

(Chicken, tuna, cheese, ham, egg mayo) ordered at break

Chocolate and pear tart and cream

Fresh Fruit

Dinner

Tagliatelle Carbonara and garlic bread

Salad Bar

Sweet

Yoghurt and fruit puree or Fresh Fruit

Thursday 16th May 2019

Lunch

Homemade Butternut Squash Soup  
Meatballs with spaghetti and garlic bread

Or

Mushroom Risotto cake

Or

Pasta and tomato sauce

Salad Bar

(Lettuce, tomato, cucumber, potato salad, coleslaw, pasta salad etc.)

Grated Cheese and Sliced Ham

Jacket Potato, Baked beans

Selection of sandwiches,

(Chicken, tuna, cheese, ham, egg mayo) ordered at break

Peach Melba

Fresh Fruit

Dinner

Chicken Pie, mashed potatoes, vegetables and gravy

Salad Bar

Sweet

Yoghurt and fruit puree

Fresh Fruit

Saturday 18th May 2019

Breakfast

Selection of cereals

Sausage, bacon, fried eggs, mushrooms, baked beans, hash browns and fried bread

Toast and spreads

Lunch

Selection of sandwiches

Crisps and fruit

Dinner

Ginger and soy sauce Pork, Chinese chicken wings

Fried noodles, rice and prawn crackers

Salad Bar

Sweet

Yoghurt and fruit puree

Fresh Fruit

Crisps and fruit

Sunday 19th May 2019

Breakfast

Selection of cereals

Pain au Chocolate and Croissant

Toast and spreads

Lunch

Roast Chicken,

Yorkshire pudding, stuffing,

Roast potatoes and vegetables

Sweet

Supper

Pasta Dish

Build your own baguette

Chicken mayo, tuna, egg mayo, ham, cheese

Lettuce, tomatoes, cucumber and onion

Crisps

Cake

Fruit