

Monday 5th July 2021

Lunch

MEAT FREE MONDAY

Homemade Butternut Squash Soup

Macaroni Cheese

Falafel, cous cous, pitta bread and chilli sauce

Risotto Cake, Spanish Omelette

Spaghetti and tomato sauce

Jacket potato

Cheese, baked beans, butter

Mixed salad

Sticky Toffee Pudding

Fresh fruit

Dinner

Homemade Chicken Nuggets

And Chips

Sweet

Fresh Fruit

Tuesday 6th July 2021

Lunch

Homemade Spinach and Lentil Soup

Chicken Escalope or Quorn

Sauté potatoes, vegetables and gravy

Or Curry Sauce and Rice or Caesar Salad

Pasta with tomato sauce

Jacket potato

Cheese, baked beans, butter

Mixed Salad

Pancakes, ice cream and chocolate sauce

Fresh Fruit

Dinner

Toad in the Hole,

Mashed potatoes, vegetables and gravy

Sweet

Fresh Fruit

Wednesday 7th July 2021

Lunch

Homemade Spiced Carrot and Chickpea Soup

Chicken or Vegetable Tortilla Wrap with

BBQ sauce, Filled potato boats or vegetable rice

Pasta with tomato sauce

Jacket potato

Cheese, baked beans, butter

Mixed Salad

Tarte Tatin and custard

Fresh Fruit

Dinner

Beef in soy, ginger and garlic,

Egg fried rice, noodles and prawn crackers

Sweet

Fresh Fruit

Thursday 8th July 2021

Lunch

Homemade Chicken and Sweetcorn Soup

Pepperoni Pizza

Hawaiian Pizza

Pizza Margherita

With Chips

Pasta and tomato sauce

Jacket potato

Cheese, baked beans, butter

Banoffee Pie

Cheesecake

Fresh Fruit



SLINDON COLLEGE

Allergen Information

“All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients.” If you have a food allergy, please let us know before ordering.

“Full allergen information is available on request”