

Slindon College Menu

Monday 10th September 2018

Lunch

Homemade Mushroom Soup

Lasagne

Or

Vegetable Lasagne

Or

Pasta and tomato sauce

With garlic bread

Salad Bar

(Lettuce, tomato, cucumber, potato salad, coleslaw, pasta salad etc.)

Jacket Potato

Baked beans

Selection of sandwiches,

(Chicken, tuna, cheese, ham, egg mayo) order at break

Pancakes with bananas and chocolate sauce

Fresh Fruit

Dinner

Chicken Breast wrapped in bacon - mushroom sauce

Croquette potatoes,

Green beans and carrots

Salad Bar

Sweet

Yoghurt and fruit puree/Fresh Fruit

Tuesday 11th September 2018

Lunch

Homemade Sweetcorn Soup

Chinese Marinated Chicken or Vegetable Spring Roll

With Noodles, rice and stir fry vegetables and prawn crackers

Or

Pasta with Tomato sauce

Salad Bar

(Lettuce, tomato, cucumber, potato salad, coleslaw, pasta salad etc.)

Grated Cheese and Sliced Ham

Jacket Potato, Baked beans

Selection of sandwiches,

(Chicken, tuna, cheese, ham, egg mayo) ordered at break

Chinese custard tart and cream

Fresh Fruit

Dinner

Meatballs and spaghetti

With garlic bread

Salad Bar

Sweet

Yoghurt and fruit puree/Fresh Fruit

Wednesday 12th September 2018

Lunch

Homemade Tomato Soup

Pulled BBQ Pork in a toasted Ciabatta roll with potato wedges

Or

Pasta with broccoli, courgette and basil

Or

Pasta and tomato sauce

Salad Bar

(Lettuce, tomato, cucumber, potato salad, coleslaw, pasta salad etc.)

Grated Cheese and Sliced Ham

Jacket Potato, Baked beans

Selection of sandwiches,

(Chicken, tuna, cheese, ham, egg mayo) order at break

Jam Doughnuts with custard/Fresh Fruit

Dinner

Piri Piri Chicken with fried Rice and flatbread

Salad Bar

Sweet

Yoghurt and fruit puree/Fresh Fruit

Thursday 13th September 2018

Lunch

Homemade Mulligatawny Soup

Homemade Chicken or Vegetable Pie, Mashed potatoes, vegetables and gravy

Or

Pasta with tomato sauce

Salad Bar

(Lettuce, tomato, cucumber, potato salad, coleslaw, pasta salad etc.)

Grated Cheese and Sliced Ham

Jacket Potato, Baked beans

Selection of sandwiches,

(Chicken, tuna, cheese, ham, egg mayo) ordered at break

Apple Crumble and custard

Fresh Fruit

Dinner

Various Pizza and baked sweet potato wedges

Salad Bar

Sweet

Yoghurt and fruit puree/Fresh Fruit

Friday 14th September 2018

Lunch

Homemade Vegetable Soup

Battered Cod with chips and peas

Or

Bacon and macaroni cheese

Or

Macaroni Cheese

Salad Bar

(Lettuce, tomato, cucumber, potato salad, coleslaw, pasta salad etc.)

Grated Cheese and Sliced Ham

Jacket Potato, Baked beans

Selection of sandwiches,

(Chicken, tuna, cheese, ham, egg mayo) ordered at break

Jelly and cream/Fresh Fruit

Dinner

Chicken in a cream sauce with tagliatelle

and French bread

Salad Bar

Sweet

Yoghurt and fruit puree/Fresh Fruit

Saturday 15th September 2018

Breakfast

Selection of cereals

sausages, bacon, fried eggs, mushrooms, baked beans, hash browns and fried bread

Toast and spreads

Lunch

Selection of sandwiches

Crisps and fruit

Dinner

Homemade Chicken Nuggets

With bbq sauce and Chips

Salad Bar

Sweet

Yoghurt and fruit puree/Fresh Fruit

Sunday 16th September 2018

Breakfast

Selection of cereals

Pain au Chocolate and Croissant

Toast and spreads

Lunch

Roast Topside of Beef,

Yorkshire pudding, stuffing,

Roast potatoes and vegetables

Sweet

Supper

Pasta Dish

Build your own baguette

Chicken mayo, tuna, egg mayo, ham, cheese

Lettuce, tomatoes, cucumber and onion

Crisps

Cake

Fruit