

# Slindon College Menu

**Monday 3rd December 2018**

Lunch

Homemade Tomato Soup

Chicken in a cream sauce with Tagliatelle and garlic bread

Or

Chilli con carne and rice

Or

Pasta with tomato and basil sauce

Salad Bar

(Lettuce, tomato, cucumber, potato salad, coleslaw, pasta salad etc.)

Jacket Potato

Baked beans

Selection of sandwiches,

(Chicken, tuna, cheese, ham, egg mayo) ordered at break

Steamed Choc chip sponge and custard

Fresh Fruit

Dinner

Chicken Enchiladas with stuffed potato boats and rice

Salad Bar

Sweet

Yoghurt and fruit puree or Fresh Fruit

**Friday 7th December 2018**

Lunch

Homemade Vegetable Soup

Home Baked Gammon Ham with egg, chips and peas

Or

Pasta with tomato sauce

Salad Bar

(Lettuce, tomato, cucumber, potato salad, coleslaw, pasta salad etc.)

Grated Cheese and Sliced Ham

Jacket Potato, Baked beans

Selection of sandwiches,

(Chicken, tuna, cheese, ham, egg mayo) ordered at break

Mince Pie and ice cream

Fresh Fruit

Dinner

Spaghetti Bolognese and pizza garlic bread

Salad Bar

Sweet

Yoghurt and fruit puree

Fresh Fruit

**Tuesday 4th December 2018**

Lunch

Homemade Sweetcorn Soup

Chinese Marinated Chicken or Vegetable Spring Roll, Noodles, Rice, stir fry vegetables and prawn crackers

Or

Pasta and tomato sauce

Salad Bar

(Lettuce, tomato, cucumber, potato salad, coleslaw, pasta salad etc.)

Grated Cheese and Sliced Ham

Jacket Potato, Baked beans

Selection of sandwiches,

(Chicken, tuna, cheese, ham, egg mayo) ordered at break

Manchester Tart and cream

Fresh Fruit

Dinner

Cottage Pie with mixed vegetables or baked beans

Salad Bar

Sweet

Yoghurt and fruit puree

Fresh Fruit

**Saturday 8th December 2018**

Breakfast

Selection of cereals

Sausage, bacon, fried eggs, mushrooms, baked beans, hash browns and fried bread

Toast and spreads

Lunch

Selection of sandwiches

Crisps and fruit

Dinner

Beef noodles, spicy bbq Chicken Wings, Egg fried rice and prawn crackers

Salad Bar

Sweet

Yoghurt and fruit puree

Fresh Fruit

**Wednesday 5th December 2018**

Lunch

Homemade Mushroom Soup

Pork Steak with apple & wholegrain mustard sauce or gravy,

Sauté potatoes and vegetables or

Mushroom Risotto or

Pasta with tomato sauce

Salad Bar

(Lettuce, tomato, cucumber, potato salad, coleslaw, pasta salad etc.)

Grated Cheese and Sliced Ham

Jacket Potato, Baked beans

Selection of sandwiches,

(Chicken, tuna, cheese, ham, egg mayo) order at break

Apple & mixed berry Strudel and custard or Fresh Fruit

Dinner

Piri Piri Chicken with fried rice and garlic bread

Salad Bar

Sweet

Yoghurt and fruit puree or Fresh Fruit

**Thursday 6th December 2018**

Lunch

Homemade Minestrone Soup

Chicken Pie or Vegetable Pie, Mashed potatoes, vegetables and gravy

Or

Pasta and tomato sauce

Salad Bar

(Lettuce, tomato, cucumber, potato salad, coleslaw, pasta salad etc.)

Grated Cheese and Sliced Ham

Jacket Potato, Baked beans

Selection of sandwiches,

(Chicken, tuna, cheese, ham, egg mayo) ordered at break

Jelly and cream

Fresh Fruit

Dinner

Breaded Pork with pasta and mushroom sauce

mixed vegetables

Salad Bar

Sweet

Yoghurt and fruit puree

Fresh Fruit

**Sunday 9th December 2018**

Breakfast

Selection of cereals

Pain au Chocolate and Croissant

Toast and spreads

Lunch

Roast Chicken,

Yorkshire pudding, stuffing,

Roast potatoes and vegetables

Sweet

Supper

Pasta Bake

Build your own baguette

Chicken mayo, tuna, egg mayo, ham, cheese

Lettuce, tomatoes, cucumber and onion

Crisps

Cake

Fruit