

Monday 12 <sup>th</sup> October 2020	Tuesday 13 <sup>th</sup> October 2020	Wednesday 14 <sup>th</sup> October 2020	Thursday 15 <sup>th</sup> October 2020
Lunch	Lunch	Lunch	Lunch
<b>MEAT FREE MONDAY</b>			
Roasted Pepper Quiche, New potatoes and baked beans	Cottage Pie and vegetables Veggie Cottage Pie Chicken and chorizo Jambalaya	Hunters Chicken Sauté potatoes and Salad	Spaghetti Bolognese Quorn Bolognese Garlic bread
Pasta and tomato sauce	Pasta with tomato sauce	Pasta with tomato sauce	Pasta and tomato sauce
Steamed Syrup Sponge and Custard	Pancakes with chocolate sauce and ice cream	Apple and Black Cherry Pie and Custard	Raspberry Mousse Slice
Fresh fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Dinner	Dinner	Dinner	Dinner
Meatballs, spaghetti and garlic bread	Piri Piri Chicken, Fried Rice and tortilla chips	Breaded Pork Escalope with Penne pasta bake	Chicken Quesadilla with baked potato wedges
Sweet	Fried Rice and tortilla chips	Sweet	Sweet
Fresh Fruit	Sweet	Fresh Fruit	Fresh Fruit
Friday 16 <sup>th</sup> October 2020	Saturday 17 <sup>th</sup> October 2020	Sunday 18 <sup>th</sup> October 2020	
Lunch	Breakfast	Breakfast	
Battered Cod With chips and peas Macaroni Cheese	Selection of cereals Sausage Bap	Selection of cereals	
Pasta and tomato sauce	Lunch Selection of sandwiches Crisps and fruit	Pain au Chocolate	
Strawberry Jelly and cream		Lunch Roast Beef, Yorkshire pudding, Roast potatoes and vegetables with gravy	
Fresh Fruit	Dinner	Sweet	
Dinner	Chinese Chicken, fried noodles, egg fried rice and prawn crackers	Supper	
Beef Casserole with sweet potato topping		Pasta Dish	
Sweet	Sweet	Cake	
Fresh Fruit	Fresh fruit	Fruit	