

Monday 16th March 2020

MEAT FREE MONDAY

Lunch

Homemade Spiced carrot and Chickpea Soup
Vegetable and bean chilli with wholegrain rice
Pasta with tomato sauce
Courgette and sweetcorn fritter topped with a poached egg
Salad Bar
Jacket Potato
Baked beans

Steamed Chocolate Sponge and chocolate custard
Fresh fruit

Dinner

Breaded Pork escalope with croquette potatoes and mixed vegetables
Salad Bar
Sweet
Yoghurt and fruit puree
Fresh Fruit

Tuesday 17th March 2020

Lunch

Homemade Celery Soup
Chicken Korma or Chicken Balti or Vegetable Curry, rice, poppadum, onion salad and mango chutney
Pasta with tomato sauce
Salad Bar
Jacket Potato
Baked beans

Apple Samosa and ice cream
Fresh Fruit

Dinner

Homemade Sausage roll, chips and baked beans
Salad Bar
Sweet
Yoghurt and fruit puree
Fresh Fruit

Wednesday 18th March 2020

Lunch

Homemade Leek and Potato Soup
Lasagne and garlic bread
Chicken Jambalaya
Pasta with tomato sauce
Salad Bar
Jacket Potato
Baked beans

Bakewell Tart and custard
Fresh Fruit

Dinner

Piri Piri Chicken
with potato wedges and tortilla chips
Salad Bar
Sweet
Yoghurt and fruit puree
Fresh Fruit

Thursday 19th March 2020

Lunch

Homemade Tomato Soup
Homemade Chicken pie or Vegetable pie, Mashed potatoes, vegetables and gravy
Pasta with tomato sauce
Salad Bar
Jacket Potato
Baked beans

Chocolate Mousse
Fresh Fruit

Dinner

Meatballs with spaghetti and garlic bread
Salad Bar
Sweet
Yoghurt and fruit puree
Fresh Fruit

Friday 20th March 2020

Lunch

Homemade Vegetable Soup
Quarter Pounder Burger or Veggie Burger
Cheese slices, fried onions
Pasta and tomato sauce
Salad Bar
Jacket Potato
Baked beans

Brownie
Fresh Fruit

Dinner

Chicken A la king, rice and french bread
Salad Bar
Sweet
Yoghurt and fruit puree
Fresh Fruit

Saturday 21st March 2020

Breakfast

Selection of cereals

Sausage, bacon, fried eggs, mushrooms, baked beans, hash browns and fried bread
Toast and spreads

Lunch

Selection of sandwiches
Crisps and fruit

Dinner

Pork, soy, ginger and chilli stir fry
Chicken wings
Noodles and prawn crackers

Sunday 22nd March 2020

Breakfast

Selection of cereals

Croissants

Toast and spreads

Lunch

Roast Topside of Beef,
Yorkshire pudding, stuffing,
Roast potatoes and vegetables with gravy

Sweet

Supper

Pasta Dish

Build your own baguette

Chicken mayo, egg mayo, ham, cheese
Lettuce, tomatoes, cucumber and onion

Crisps

Cake

Fruit

SLINDON COLLEGE

Allergen Information

“All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients.”

If you have a food allergy, please let us know before ordering.

“Full allergen information is available on request”

