

Slindon College Menu

Monday 28th September 2026

Lunch

Homemade Spinach and Potato Soup

Brown roll

(cereals containing gluten)

Spanish Omelette

(egg, milk)

Whole wheat Pasta

(cereals containing gluten)

Tomato sauce

Jacket potato

Grated Cheese

(milk)

Tuna Mayonnaise

(fish, egg)

Baked beans.

Homemade Quiche

(egg, milk, cereals containing gluten)

Salad Bar

Apple Streusel

(cereals containing gluten)

Custard

(milk)

Dinner

Breaded Pork

(cereals containing gluten)

Roasted potatoes, vegetables, and gravy

Fresh Fruit Salad

Slindon College Menu

Tuesday 29th September 2026

Lunch

Homemade Tomato Soup

Brown roll

(cereals containing gluten)

Chicken Breast or

Quorn

(cereals containing gluten)

Pepper sauce or

(cereals containing gluten, milk)

Gravy

(cereals containing gluten)

Sauté Potatoes and vegetables.

Tomato sauce

Jacket potato

Sliced Ham

Tuna Mayonnaise

(fish, egg)

Baked beans.

Homemade Quiche

(egg, milk, cereals containing gluten)

Salad Bar

Cornflake Tart

(cereals containing gluten, milk, soya)

Dinner

Meatballs

(cereals containing gluten)

Spaghetti

(cereals containing gluten)

Garlic Bread

(cereals containing gluten)

Fresh Fruit Salad

Slindon College Menu

Wednesday 30th September 2026

Lunch

Homemade Lentil Soup

Brown roll

(cereals containing gluten)

Lasagne

(cereals containing gluten, milk)

Vegetable Lasagne

(cereals containing gluten, milk)

Garlic Bread

(cereals containing gluten)

Whole wheat Pasta

(cereals containing gluten)

Tomato sauce

Jacket potato

Sliced Ham

Tuna Mayonnaise

(fish, egg)

Baked beans.

Homemade Quiche

(egg, milk, cereals containing gluten)

Salad Bar

Lemon and Sultana Sponge

(cereals containing gluten, milk)

Custard

(milk)

Fresh Fruit Salad

Dinner

Chicken Enchilada

(cereals containing gluten, milk)

Potato Wedges

Fresh Fruit Salad

Slindon College Menu

Thursday 1st October 2026

Lunch

Homemade Cream of Cauliflower Soup

(milk)

Brown roll

(cereals containing gluten)

Jerk Chicken

Jerk Vegetables

Rice “n” Peas

Rice

Roasted Vegetables

Tomato sauce

Jacket potato

Sliced Ham

Grated Cheese

(milk)

Baked beans.

Homemade Quiche

(egg, milk, cereals containing gluten)

Salad Bar

Banoffee Pie

(milk, cereals containing gluten)

Fresh Fruit Salad

Dinner

Beef Stroganoff

(cereals containing gluten)

Mashed Potatoes

(milk)

Vegetables

Salad Bar

Fresh Fruit Salad

Slindon College Menu

Friday 2nd October 2026

Lunch

Homemade Vegetable Soup
(celery)

Brown roll
(cereals containing gluten)

Fish Fingers
(cereals containing gluten, fish)

Chips

Peas

Whole wheat Pasta
(cereals containing gluten)

Tomato sauce

Jacket potato

Sliced Ham

Tuna Mayonnaise
(fish, egg)

Baked beans.

Homemade Quiche
(egg, milk, cereals containing gluten)

Salad Bar

Strawberry Jelly
and cream
(milk)

Fresh fruit Salad

Allergen Information

“All our food is prepared in a kitchen where nuts, gluten and other allergens are present.

Our menu descriptions do not include all of the ingredients.

If you have a food allergy, please inform the kitchen team before ordering.

Full allergen information is available on request”

