

Monday 13 th October 2025	Tuesday 14 th October 2025	Wednesday 15 th October 2025	Thursday 16 th October 2025
Lunch	Lunch	Lunch	Lunch
MEAT FREE MONDAY			
Homemade Mushroom Soup	Homemade Roasted Butternut Squash Soup	Homemade Spiced Carrot and Chickpea Soup	Homemade Minestrone Soup
	Homemade Chicken Pie or Vegetable Pie	Hunters Chicken or Quorn	Spaghetti Bolognaise or
Falafel, pitta bread, bulgur wheat	Mashed potatoes, vegetables and gravy	Parmentier Potatoes and peas	Butternut and Feta Cheese Risotto
Chilli sauce and garlic mayo	Whole wheat Pasta and tomato sauce	Whole Wheat Pasta with tomato sauce	Cheesy Garlic bread
Whole wheat Pasta and tomato sauce	Jacket potato	Jacket potato	Whole Wheat Pasta with tomato sauce
Jacket potato	Sliced Ham, Tuna Mayonnaise	Smoked Mackerel, Sliced Ham	Jacket potato
Grated Cheese, Tuna Mayonnaise	Baked beans, butter	Baked beans, butter	Sliced Ham, Grated Cheese
Baked beans, butter	Homemade Quiche	Homemade Quiche	Baked beans, butter
Homemade Quiche	Salad Bar	Salad Bar	Homemade Quiche
Salad Bar	Steamed Chocolate Chip Sponge and Custard	Banoffee Pie	Salad Bar
Baked Rice Pudding	Fresh Fruit Salad	Fresh Fruit Salad	Fruit Puff and custard
Fresh fruit Salad			Fresh Fruit Salad
Dinner	Dinner	Dinner	Dinner
	Pork Steak, onion rings,	Calzone	Chicken Chasseur
Chicken Katsu and rice	Potatoes and vegetables	Salad Bar	Roast potatoes, cauliflower and broccoli cheese
			Salad Bar
Salad Bar	Salad Bar	Fresh Fruit Salad	
Fresh Fruit Salad	Fresh Fruit Salad		Fresh Fruit Salad
Friday 17 th October 2025	Saturday 18 th October 2025	Sunday 19 th October 2025	
Lunch	Breakfast	Breakfast	
Homemade Vegetable Soup			
	Selection of cereals	Selection of cereals	
Chicken Nuggets and chips	Croissant	Pain au choc	
Whole Wheat Pasta with tomato sauce	Toast and spreads	Toast and spreads	
Jacket potato			
Tuna Mayonnaise, Sliced Ham	Lunch		
Baked beans, butter	Selection of Sandwiches	Dinner	
Homemade Quiche	Crisps and Fresh Fruit	Pasta Dish	
Salad Bar		Fruit	
Sweet			
Fresh Fruit Salad	Dinner		
Dinner			
Chicken Fajitas and rice			
Salad Bar			
Fresh Fruit Salad			



SLINDON COLLEGE

Allergen Information

“All our food is prepared in a kitchen where nuts, gluten and other allergens are present.

Our menu descriptions do not include all of the ingredients.

If you have a food allergy, please inform the kitchen team before ordering.

Full allergen information is available on request”

