

<b>Monday 2<sup>nd</sup> February 2026</b>	<b>Tuesday 3<sup>rd</sup> February 2026</b>	<b>Wednesday 4<sup>th</sup> February 2026</b>	<b>Thursday 5<sup>th</sup> February 2026</b>
Lunch	Lunch	Lunch	Lunch
<b>MEAT FREE MONDAY</b>			
Homemade Carrot and Coriander Soup	Chicken Breast with Linguine	Pork Steak or Quorn Roast	Chilli Con Carne or Vegetable and Bean Chilli
Spiced Vegetable Biryani	Pesto sauce or Tomato and basil sauce	Apple and mustard sauce or gravy	Rice and Tortilla chips
Whole Wheat Pasta with tomato sauce	Mushroom Risotto	Parmentiar Potatoes and vegetables	Whole Wheat Pasta with tomato sauce
Jacket potato	Garlic Bread	Whole Wheat Pasta with tomato sauce	Jacket potato
Salad Bar	Jacket potato	Jacket potato	Salad Bar
Grated Cheese, Tuna Mayonnaise	Salad Bar	Salad Bar	Grated Cheese, Sliced Ham
Baked beans, butter	Sliced Ham, Tuna Mayonnaise	Sliced Ham, Smoked Mackerel	Baked beans, butter
Homemade Quiche	Baked beans, butter	Baked beans, butter	Homemade Quiche
Fruit Sponge and Custard	Homemade Quiche	Homemade Quiche	Strudel and Custard
Fresh fruit Salad	Profiteroles	Bakewell Tart and Custard	Fresh Fruit Salad
	Fresh Fruit Salad	Fresh Fruit Salad	
Dinner			Dinner
Pork Goulash and Herby Dumpling	Dinner	Dinner	Jerk Chicken
Potatoes and vegetables	Cottage Pie	Chicken Katsu and Rice	Roasted vegetables and wedges
Salad Bar	Vegetables and gravy	Salad Bar	Salad Bar
Fresh Fruit Salad	Salad Bar	Fresh Fruit Salad	Fresh Fruit Salad
	Fresh Fruit Salad		
<b>Friday 6<sup>th</sup> February 2026</b>	<b>Saturday 7<sup>th</sup> February 2026</b>	<b>Sunday 8<sup>th</sup> February 2026</b>	
Lunch			
Homemade Vegetable Soup			
Homemade Pizzas	Breakfast	Breakfast	
Pepperoni			
Margherita	Selection of cereals	Selection of cereals	
Roasted Vegetable	Croissant	Pain au choc	
Hawaiian	Toast and spreads	Toast and spreads	
Whole Wheat Pasta with tomato sauce			
Jacket potato	Lunch		
Salad Bar	Selection of Sandwiches		
Sliced Ham	Crisps and Fresh Fruit		
Baked beans, butter			
Homemade Quiche			
Millionaire Shortbread	Dinner		
Fresh Fruit Salad			
Dinner			
Chicken Kebabs			
Pitta breads, chilli sauce			
Fried rice			
Salad Bar			



*SLINDON COLLEGE*

## Allergen Information

**“All our food is prepared in a kitchen where nuts, gluten and other allergens are present.**

**Our menu descriptions do not include all of the ingredients.**

**If you have a food allergy, please inform the kitchen team before ordering.**

**Full allergen information is available on request”**

