Monday 15th September 2025 Lunch

## MEAT FREE MONDAY

Homemade Roasted Butternut Squash Soup

Vegetable Tagine with bulgur wheat Whole wheat Pasta and tomato sauce Jacket potato Grated Cheese, Tuna Mayonnaise Baked beans, butter Homemade Quiche Salad Bar Apple, Pear and Peach Crumble and custard Fresh fruit Salad Dinner Chicken Chasseur,

> Salad Bar Fresh Fruit Salad

Roast potatoes

And green beans

Tuesday 16th September 2025 Lunch Homemade Carrot and Coriander Soup

Chicken Curry or Vegetable Curry Basmati Rice Whole Wheat Pasta with tomato sauce Jacket potato Sliced Ham, Tuna Mayonnaise Baked beans, butter Homemade Quiche Salad Bar Cheesecake Fresh Fruit Salad

> Dinner Cottage Pie with vegetables

> > Salad Bar

Fresh Fruit Salad

Wednesday 17th September 2025 Lunch Homemade Leek and Potato Soup

Carrots and peas

Whole wheat Pasta and tomato sauce

Pork Steak with BBQ sauce, sauté potatoes,

Jacket potato

Tuna Mayonnaise, Sliced Ham Baked beans, butter Homemade Quiche

Salad Bar

Steamed Chocolate Sponge and

Chocolate Custard

Fresh Fruit Salad

Dinner Chicken Breast Escalope with Pesto Pasta

Salad Bar

Thursday 18th September 2025 Lunch Homemade Chicken and Sweetcorn Soup

Spaghetti Bolognaise or Veggie Bolognaise **Garlic Bread** Jacket potato Sliced Ham, Grated Cheese Baked beans, butter Homemade Quiche

> Salad Bar **Bakewell Tart and Cream** Fresh Fruit Salad

Dinner Toad in the Hole Mashed potatoes and mixed vegetables Gravy

Salad Bar

Fresh Fruit Salad

Fresh Fruit Salad

Friday 19th September 2025

Lunch

Homemade Vegetable Soup

**Homemade Pizzas** 

Pepperoni

Margherita Pizza Roasted Vegetable Pizza

Whole Wheat Pasta with tomato sauce

Jacket potato

Tuna Mayonnaise, Sliced Ham

Baked beans, butter Homemade Quiche

Salad Bar

Pancakes and ice cream

Fresh Fruit Salad

Chicken Enchilada And rice

Saturday 20th September 2025

Sunday 21st September 2024

Breakfast

Selection of cereals

Pain au choc

Toast and spreads

Breakfast

Selection of cereals Croissant

Toast and Spreads

Lunch Selection of Sandwiches Crisps and Fresh Fruit

Dinner Pasta/Rice Dish Fruit

Dinner

Salad Bar

Fresh Fruit Salad



## SLINDON COLLEGE

## **Allergen Information**

"All our food is prepared in a kitchen where nuts, gluten and other allergens are present.

Our menu descriptions do not include all of the ingredients.

If you have a food allergy, please inform the kitchen team before ordering. Full allergen information is available on request"





























