

Monday 29 th September 2025	Tuesday 30 th September 2025	Wednesday 1 st October 2025	Thursday 2 nd October 2025
Lunch	Lunch	Lunch	Lunch
MEAT FREE MONDAY	Homemade Minestrone Soup	Homemade Red Lentil, Chickpea and Chilli Soup	Homemade Carrot and Coriander Soup
Homemade Sweet Potato and Butternut Squash Soup	Chicken Wrap or Vegetable Wrap	Linguine Carbonara or Mushroom Carbonara	Jerk Chicken or Jerk Quorn
	Salsa	Cheesy Garlic Pizza Bread	Roasted Vegetables, Rice n Peas or plain rice
Spiced Vegetable Biryani	Potato Wedges or Rice	Whole Wheat Pasta with tomato sauce	Whole Wheat Pasta with tomato sauce
Spanish Omelette	Jacket potato	Jacket potato	Jacket potato
Whole Wheat Pasta with tomato sauce	Sliced Ham, Tuna Mayonnaise	Sliced Ham, Tuna Mayonnaise	Grated Cheese, Sliced Ham
Jacket potato	Baked beans, butter	Baked beans, butter	Baked beans, butter
Grated Cheese, Tuna Mayonnaise	Homemade Quiche	Homemade Quiche	Homemade Quiche
Baked beans, butter	Salad Bar	Salad Bar	Salad Bar
Homemade Quiche	Chocolate Eclair	Sweet	Apple and Berry Pie and Custard
Salad Bar	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad
Eve’s Pudding and Custard			
Fresh fruit Salad	Dinner	Dinner	Dinner
	Koftas, Pitta Breads,	Chicken En Croute	Cannelloni and garlic bread
Dinner	Chilli sauce	Potatoes, vegetables and gravy	Salad Bar
Pork Steak, onion rings, bbq sauce and parmentiar potatoes	Salad Bar	Salad Bar	
Salad Bar			Fresh Fruit Salad
Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	
Friday 3 rd October 2025	Saturday 4 th October 2025	Sunday 5 th October 2025	
Lunch			
Homemade Vegetable Soup	Breakfast	Breakfast	
Battered Cod	Selection of cereals	Selection of cereals	
With chips and peas	Croissant	Pain au choc	
Whole Wheat Pasta with tomato sauce	Toast and spreads	Toast and spreads	
Jacket potato			
Sliced Ham, Tuna Mayonnaise	Lunch	Lunch	
Baked beans, butter	Selection of Sandwiches		
Homemade Quiche	Crisps and Fresh Fruit		
Salad Bar			
Millionaire Shortbread		Dinner	
Fresh Fruit Salad		Pasta/Rice Dish	
	Dinner	Fruit	
Dinner			
Breaded Chicken			
Pasta and sauce			
Salad Bar			
Fresh Fruit Salad			



SLINDON COLLEGE

Allergen Information

“All our food is prepared in a kitchen where nuts, gluten and other allergens are present.

Our menu descriptions do not include all of the ingredients.

If you have a food allergy, please inform the kitchen team before ordering.

Full allergen information is available on request”

