

Monday 22 nd September 2025	Tuesday 23 rd September 2025	Wednesday 24 th September 2025	Thursday 25 th September 2025
Lunch	Lunch	Lunch	Lunch
MEAT FREE MONDAY	Homemade French Onion Soup	Homemade Tomato Soup	Homemade Spinach and Potato Soup
Homemade Cream of Cauliflower Soup	Butcher Pork Sausages or Veggie Sausage	Chinese Chicken or Vegetable Spring Roll	Chilli Con Carne or
Courgette and Spiced Tomato Risotto	Mashed potatoes, vegetables and gravy	Stir fry vegetables and noodles	Mixed Bean and Vegetable Chilli and Rice
Macaroni Cheese	Whole Wheat Pasta with tomato sauce	Jacket potato	Tortilla Chips
Whole Wheat Pasta with tomato sauce	Jacket potato	Salad Bar	Jacket potato
Jacket potato	Sliced Ham, Tuna Mayonnaise	Sliced Ham, Tuna Mayonnaise	Sliced Ham, Grated Cheese
Grated Cheese, Tuna Mayonnaise	Baked beans, butter	Homemade Quiche	Baked beans, butter
Baked beans, butter	Homemade Quiche	Salad Bar	Homemade Quiche
Homemade Quiche	Salad Bar	Chinese Custard Tart	Salad Bar
Salad Bar	Steamed Syrup Sponge and Custard	Fresh Fruit Salad	Strudel and Custard
Sticky Toffee Pudding	Fresh Fruit Salad		Fresh Fruit Salad
Fresh Fruit Salad		Dinner	
Dinner	Dinner		Dinner
Chicken Katsu and rice	Homemade Pizzas	Roast Loin of Pork, Yorkshire pudding,	Piri Piri Chicken
	Salad/Coleslaw	Roast potatoes, vegetables and gravy	Potato Wedges
	Fresh Fruit Salad		
		Salad bar	Salad bar
		Fresh Fruit Salad	Fresh Fruit Salad
Friday 26 th September 2025	Saturday 27 th September 2025	Sunday 28 th September 2025	
Lunch	Breakfast	Breakfast	
Homemade Soup	Selection of cereals	Selection of cereals	
Homemade Panko Breaded Chicken	Croissant	Pain au choc	
Or Breaded Vegetables	And Toast	Toast and Spreads	
And Chips			
Whole Wheat Pasta and tomato sauce			
Jacket potato			
Sliced Ham, Tuna Mayonnaise	Lunch	Dinner	
Baked beans, butter	Selection of Sandwiches		
Homemade Quiche	Crisps and Fresh Fruit	Pasta/Rice Dish	
Salad Bar			
Trifle			
Fresh Fruit Salad			
Dinner			
Lasagne			
Garlic bread			
Salad Bar			
Fresh Fruit Salad			



SLINDON COLLEGE

Allergen Information

“All our food is prepared in a kitchen where nuts, gluten and other allergens are present.

Our menu descriptions do not include all of the ingredients.

If you have a food allergy, please inform the kitchen team before ordering.

Full allergen information is available on request”

