

Monday 26th February 2024

Lunch

MEAT FREE MONDAY

Homemade Carrot and Coriander Soup

Mac and Cheese Monday

Vegetable Fried Noodles

Whole wheat Pasta and tomato sauce

Jacket potato

Grated Cheese, Tuna Mayonnaise

Baked beans, butter

Homemade Quiche

Salad Bar

Mixed Berries and Apple Crumble and custard

Fresh fruit Salad

Dinner

Pork Steak with Parmentier Potatoes

And vegetables

Salad Bar

Fresh Fruit Salad

Tuesday 27th February 2024

Lunch

Homemade Mushroom Soup

Lasagne or Vegetable Lasagne and garlic bread

Spicy Pork and Chorizo Jambalaya

Whole wheat Pasta and tomato sauce

Jacket potato

Sliced Ham, Tuna Mayonnaise

Baked beans, butter

Homemade Quiche

Salad Bar

Profiteroles

Fresh Fruit Salad

Dinner

Toad in the Hole and

Mashed potatoes and vegetables

Salad Bar

Fresh Fruit Salad

Wednesday 28th February 2024

Lunch

Homemade French onion Soup

Chicken Breast with Chasseur sauce,

Sauté Potatoes and vegetables

Feta and Butternut Squash Risotto

Whole Wheat Pasta with tomato sauce

Jacket potato

Grated Cheese, Sliced Ham

Baked beans, butter

Homemade Quiche

Salad Bar

Apple Pie and Custard

Fresh Fruit Salad

Dinner

Beef Stroganoff, rice and green beans

Salad Bar

Fresh Fruit Salad

Thursday 29th February 2024

Lunch

Homemade Minestrone Soup

Chilli Con Carne or Vegetable and Bean Chilli

Homemade Tortilla chips and 50/50 Rice

Whole Wheat Pasta with tomato sauce

Jacket potato

Sliced Ham, Tuna Mayonnaise

Baked beans, butter

Homemade Quiche

Salad Bar

Peach Melba

Fresh Fruit Salad

Dinner

Chicken en Croute, potatoes and vegetables

Salad Bar

Fresh Fruit Salad

Friday 1st March 2024

Lunch

Homemade Spinach and Potato Soup

Homemade Breaded Chicken or

Breaded Vegetables and Chips

Whole Wheat Pasta with tomato sauce

Jacket potato

Tuna Mayonnaise, Sliced Ham

Baked beans, butter

Homemade Quiche

Salad Bar

Jelly and Cream

Fresh Fruit Salad

Dinner

Meatballs, spaghetti and garlic bread

Salad Bar

Fresh Fruit Salad

Saturday 2nd March 2024

Breakfast

Selection of cereals

Sausages, bacon, fried egg

Potato Waffle and baked beans

And Toast

Lunch

Selection of Sandwiches

Crisps and Fresh Fruit

Dinner

Chicken kebabs, pitta breads

Corn cobs and fried rice

Salad Bar

Fresh fruit Salad

Sunday 3rd March 2024

Breakfast

Selection of cereals

Toast and spreads

Pancakes maple syrup and chocolate sauce

Lunch

Roast Loin of Pork, stuffing,

Yorkshire pudding,

Roast potatoes, vegetables and gravy

Sweet

Dinner

Pasta Dish

Fruit



SLINDON COLLEGE

Allergen Information

“All our food is prepared in a kitchen where nuts, gluten and other allergens are present.

Our menu descriptions do not include all of the ingredients.

If you have a food allergy, please inform the kitchen team before ordering.

Full allergen information is available on request”

