Monday 22nd January 2024 Wednesday 24th January 2024 Tuesday 23rd January 2024 Thursday 25th January 2024 Lunch Lunch Lunch Lunch **Homemade Sweetcorn Soup Homemade Leek and Potato Soup Homemade Carrot and Coriander Soup** MEAT FREE MONDAY **Homemade Minestrone Soup Chinese Chicken or Vegetable Spring Roll Butcher Pork Sausages or Veggie Sausage** Chilli Con Carne or Veggie Chilli **Vegetable Thai Green Curry** Noodles and stir fry vegetables Mashed potatoes, vegetables, 50/50 Rice With Jasmine rice Whole Wheat Pasta with tomato sauce Onion gravy or gravy And garlic ciabatta **Vegetable Frittata** Whole Wheat Pasta with tomato sauce Whole Wheat Pasta with tomato sauce Jacket potato Whole Wheat Spaghetti with tomato sauce Sliced Ham, Tuna Mayonnaise Jacket potato Jacket potato Jacket potato Baked beans, butter Sliced Ham, Mackerel Fillet **Grated Cheese, Sliced Ham Grated Cheese, Tuna Mayonnaise Homemade Quiche** Baked beans, butter Baked beans, butter Baked beans, butter Salad Bar **Homemade Quiche Homemade Quiche Homemade Quiche Chocolate Eclair** Salad Bar Salad Bar Salad Bar Fresh Fruit Salad **Steamed Chocolate Sponge and Chocolate Rhubarb Oatty Crumble and custard** Apple Strudel and custard Custard Fresh Fruit Salad Fresh Fruit Salad Fresh Fruit Salad Dinner Dinner Cottage Pie with carrots, peas and gravy Dinner Chicken En Croute Chicken wrapped in bacon Salad Bar Dinner Potatoes, vegetables and gravy Piri Piri Chicken with Potatoes and vegetables Fresh Fruit Salad 50/50 rice Salad Bar Salad bar Salad bar Fresh Fruit Salad Fresh Fruit Salad Fresh Fruit Salad Saturday 27th January 2024 Friday 26th January 2024 Sunday 28th January 2024 Lunch **Breakfast** Breakfast **Homemade Vegetable Soup** Selection of cereals Selection of cereals **Chicken Nuggets** Sausages, bacon, fried egg **Toast and Spreads** Or Plant based Nuggets, chips and bbg sauce Potato Waffle and baked beans Pancakes and chocolate sauce And Toast Whole Wheat Pasta and tomato sauce Jacket potato Lunch Sliced Ham, Tuna Mayonnaise **Roast Topside of Beef** Baked beans, butter Lunch Yorkshire pudding, stuffing, **Homemade Quiche Selection of Sandwiches** Roast potatoes, vegetables, and gravy Salad Bar **Crisps and Fresh Fruit**

Mashed potatoes, vegetables and gravy
Salad Bar Salad Fresh Fruit Salad

Dinner

Homemade Pizzas

Sweet

Dinner

Chicken and Rice

Fresh Fruit Salad Fresh Fruit Salad

Raspberry Mousse Slice

Fresh Fruit Salad

Dinner Homemade Pasty,



SLINDON COLLEGE

Allergen Information

"All our food is prepared in a kitchen where nuts, gluten and other allergens are present.

Our menu descriptions do not include all of the ingredients.

If you have a food allergy, please inform the kitchen team before ordering. Full allergen information is available on request"



























