

Monday 30th September 2024

Lunch

MEAT FREE MONDAY

Roasted Butternut Squash and
Feta Cheese Risotto
Whole Wheat Pasta with tomato sauce
Jacket potato
Grated Cheese, Tuna Mayonnaise
Baked beans, butter
Homemade Quiche
Salad Bar
Sweet
Fresh fruit Salad

Dinner
Breaded Pork Steak
Parmentier Potatoes and vegetables
Salad Bar

Fresh Fruit Salad

Tuesday 1st October 2024

Lunch

Spaghetti Bolognese
Garlic bread
Whole Wheat Pasta with tomato sauce
Jacket potato
Sliced Ham, Tuna Mayonnaise
Baked beans, butter
Homemade Quiche
Salad Bar
Sweet
Fresh Fruit Salad

Dinner
Chicken Pie,
Mashed potatoes and vegetables

Salad Bar

Fresh Fruit Salad

Wednesday 2nd October 2024

Lunch

Butcher Pork Sausages,
Mashed potatoes, onion gravy and vegetables
Whole Wheat Pasta with tomato sauce
Jacket potato
Sliced Ham, Tuna Mayonnaise
Baked beans, butter
Homemade Quiche
Salad Bar
Sweet
Fresh Fruit Salad

Dinner
Piri Piri Chicken
Fried rice
Tortilla Chips

Salad Bar

Fresh Fruit Salad

Thursday 3rd October 2024

Lunch

Chicken Pasta Bake
Pizza Garlic Bread
Whole Wheat Pasta with tomato sauce
Jacket potato
Grated Cheese, Sliced Ham
Baked beans, butter
Homemade Quiche
Salad Bar
Sweet
Fresh Fruit Salad

Dinner
Beef Goulash
Sauté potatoes and vegetables
Salad Bar

Fresh Fruit Salad

Friday 4th October 2024

Lunch

Quarter Pounder Burger or Veggie Burger
Fried onions, cheese slices
And chips
Whole Wheat Pasta with tomato sauce
Jacket potato
Sliced Ham, Tuna Mayonnaise
Baked beans, butter
Homemade Quiche
Salad Bar
Sweet
Fresh Fruit Salad

Dinner
Chicken Curry, rice,
Poppadum and onion salad
Salad Bar

Fresh Fruit Salad

Saturday 5th October 2024

Breakfast

Selection of cereals
Toast

Lunch
Selection of Sandwiches
Crisps and Fresh Fruit

Dinner

Sunday 6th October 2024

Breakfast

Selection of cereals
Toast and spreads

Lunch
Selection of Sandwiches
Crisps and Fresh Fruit

Dinner
Pasta/Rice Dish
Fruit



SLINDON COLLEGE

Allergen Information

“All our food is prepared in a kitchen where nuts, gluten and other allergens are present.

Our menu descriptions do not include all of the ingredients.

If you have a food allergy, please inform the kitchen team before ordering.

Full allergen information is available on request”

