

**Monday 5<sup>th</sup> February 2024**

**Lunch**

***MEAT FREE MONDAY***

**Homemade Tomato and Basil Soup**

**Mac and Cheese Monday**

**Breaded Risotto Cake**

**Spanish Omelette**

**Whole wheat Pasta and Tomato Sauce**

**Jacket potato**

**Grated Cheese, Tuna Mayonnaise**

**Baked beans, butter**

**Homemade Quiche**

**Salad Bar**

**Pancakes and ice cream**

**Fresh fruit Salad**

**Dinner**

**Beef Stroganoff, rice and broccoli**

**Salad Bar**

**Fresh Fruit Salad**

**Tuesday 6<sup>th</sup> February 2024**

**Lunch**

**Homemade Minestrone Soup**

**Chicken or Vegetable Tortilla Wrap**

**50/50 rice and salsa**

**Whole wheat Pasta and Tomato Sauce**

**Jacket potato**

**Grated Cheese, Sliced Ham**

**Baked beans, butter**

**Homemade Quiche**

**Salad Bar**

**Sticky Toffee Pudding**

**Fresh Fruit Salad**

**Dinner**

**Spaghetti Bolognaise**

**Garlic bread**

**Salad Bar**

**Fresh Fruit Salad**

**Wednesday 7<sup>th</sup> February 2024**

**Lunch**

**Homemade Leek and Potato Soup**

**Pork Steak with peppercorn sauce or gravy**

**Sauté potatoes and vegetables**

**Whole wheat Pasta and Tomato Sauce**

**Jacket potato**

**Tuna Mayonnaise, Sliced Ham**

**Baked beans, butter**

**Homemade Quiche**

**Salad Bar**

**Steamed Choc Chip Sponge and Custard**

**Fresh Fruit Salad**

**Dinner**

**Chicken Katsu (breaded) and 50/50 rice**

**Salad Bar**

**Fresh Fruit Salad**

**Thursday 8<sup>th</sup> February 2024**

**Lunch**

**Chinese New Year**

**YEAR OF THE DRAGON**

**Homemade Hot and Sour Soup**

**Sweet and Sour Chicken**

**Vegetable spring roll**

**Noodles and stir fry vegetables**

**Prawn crackers**

**Whole wheat Pasta and Tomato Sauce**

**Jacket potato**

**Tuna Mayonnaise, Sliced Ham**

**Baked beans, butter**

**Homemade Quiche**

**Salad Bar**

**Chinese custard tart**

**Fresh Fruit Salad**

**Dinner**

**Homemade Steak Pie**

**Potatoes and vegetables**

**Salad Bar**

**Friday 9<sup>th</sup> February 2024**

**Lunch**

**Homemade Vegetable Soup**

**Homemade Pizza**

**Pepperoni**

**Margherita**

**Hawaiian**

**Chips**

**Whole wheat Pasta and Tomato Sauce**

**Jacket potato**

**Sliced Ham, Eggs**

**Baked beans, butter**

**Homemade Quiche**

**Salad Bar**

**Cheesecake**

**Fresh Fruit Salad**



*SLINDON COLLEGE*

## **Allergen Information**

**“All our food is prepared in a kitchen where nuts, gluten and other allergens are present.**

**Our menu descriptions do not include all of the ingredients.**

**If you have a food allergy, please inform the kitchen team before ordering.**

**Full allergen information is available on request”**

