

Monday 16th September 2024

Lunch

MEAT FREE MONDAY

Homemade Soup

Courgette and spiced tomato Risotto

Macaroni Cheese

Whole Wheat Pasta with tomato sauce

Jacket potato

Grated Cheese, Tuna Mayonnaise

Baked beans, butter

Homemade Quiche

Salad Bar

Sticky Toffee Pudding

Fresh Fruit Salad

Dinner

Chicken Katsu and rice

Salad Bar

Fresh Fruit Salad

Tuesday 17th September 2024

Lunch

Homemade Soup

Taco Tuesday

Whole Wheat Pasta with tomato sauce

Jacket potato

Sliced Ham, Tuna Mayonnaise

Baked beans, butter

Homemade Quiche

Salad Bar

Bakewell Tart and cream

Fresh Fruit Salad

Dinner

Roast Loin of Pork, stuffing,

Roast potatoes, vegetables and gravy

Fresh Fruit Salad

Wednesday 18th September 2024

Lunch

Homemade Soup

Chinese Chicken or Vegetable Spring Roll

Stir fry vegetables, noodles and prawn crackers

Jacket potato

Salad Bar

Sliced Ham, Grated Cheese

Homemade Quiche

Salad Bar

Cheesecake

Fresh Fruit Salad

Dinner

Lasagne and garlic pizza bread

Salad bar

Fresh Fruit Salad

Thursday 19th September 2024

Lunch

Homemade Soup

Homemade Steak Pie or Vegetable Pie

Mashed potatoes, vegetables and gravy

Jacket potato

Sliced Ham, Tuna Mayonnaise

Baked beans, butter

Homemade Quiche

Salad Bar

Steamed Chocolate sponge and chocolate custard

Fresh Fruit Salad

Dinner

Jerk Chicken,

Roasted vegetables and rice

Salad bar

Fresh Fruit Salad

Friday 20th September 2024

Lunch

Homemade Chicken Burger

Veggie Burger and Chips

Whole Wheat Pasta and tomato sauce

Jacket potato

Sliced Ham, Tuna Mayonnaise

Baked beans, butter

Homemade Quiche

Salad Bar

Jelly and cream

Fresh Fruit Salad

Dinner

Homemade Meatballs,

Spaghetti, tomato sauce and

Garlic bread

Salad Bar

Fresh Fruit Salad

Saturday 21st September 2024

Breakfast

Selection of cereals

And Toast

Lunch

Selection of Sandwiches

Crisps and Fresh Fruit

Sunday 22nd September 2024

Breakfast

Selection of cereals

Toast and Spreads

Dinner

Pasta/Rice Dish



SLINDON COLLEGE

Allergen Information

“All our food is prepared in a kitchen where nuts, gluten and other allergens are present.

Our menu descriptions do not include all of the ingredients.

If you have a food allergy, please inform the kitchen team before ordering.

Full allergen information is available on request”

