

Monday 27th November 2023

Lunch

MEAT FREE MONDAY

Homemade Vegetable Soup

Macaroni Cheese

Aubergine and Mixed Bean Bake

Whole Wheat Pasta with tomato sauce

Jacket potato

Grated Cheese, Tuna Mayonnaise

Baked beans, butter

Homemade Quiche

Salad Bar

Profiteroles

Fresh fruit Salad

Dinner

Beef Stroganoff,

Potatoes and vegetables

Salad Bar

Fresh Fruit Salad

Tuesday 28th November 2023

Lunch

Homemade Tomato Soup

Chicken or Vegetable

Tortilla Wrap, salsa and 50/50 Rice

Whole Wheat Pasta with tomato sauce

Jacket potato

Sliced Ham, Tuna Mayonnaise

Baked beans, butter

Homemade Quiche

Salad Bar

Apple and Berry Pie with Custard

Fresh Fruit Salad

Dinner

Breaded Chicken Breast

Pasta and sauce

Salad Bar

Fresh Fruit Salad

Wednesday 29th November 2023

Lunch

Homemade Celery Soup

Pork Steak

With Pepper sauce or gravy,

Sauté potatoes carrots and broccoli

Lentil Loaf

Whole Wheat Pasta with tomato sauce

Jacket potato

Sliced Ham, Smoked Mackerel

Baked beans, butter

Homemade Quiche

Salad Bar

Steamed Lemon and Sultana Sponge and Custard

Fresh Fruit Salad

Dinner

Jerk Chicken

Rice and roasted vegetables

Salad Bar

Fresh Fruit Salad

Thursday 30th November 2023

Lunch

Homemade Mulligatawny Soup

Meatballs or Plant based Balls

Spaghetti and garlic bread

Whole Wheat Pasta with tomato sauce

Jacket potato

Grated Cheese, Sliced Ham

Baked beans, butter

Homemade Quiche

Salad Bar

Chocolate Brownie and Chocolate Sauce

Fresh Fruit Salad

Dinner

Chicken Pie

Potatoes, vegetables and gravy

Salad Bar

Fresh Fruit Salad

Friday 1st December 2023

Lunch

Homemade Carrot and Coriander Soup

Chicken Nuggets or Veggie Nuggets

With chips and BBQ sauce

Whole Wheat Pasta with tomato sauce

Jacket potato

Sliced Ham, Tuna Mayonnaise

Baked beans, butter

Homemade Quiche

Salad Bar

Strawberry Jelly and cream

Fresh Fruit Salad

Dinner

Tagliatelle Carbonara

Garlic pizza bread

Salad Bar

Fresh Fruit Salad

Saturday 2nd December 2023

Breakfast

Selection of cereals

Sausages, bacon, fried egg

Potato Waffles and baked beans

And Toast

Packed Lunch

Dinner

Fried Noodles

Pork Ribs

Prawn Crackers

Salad Bar

Fresh fruit Salad

Sunday 3rd December 2023

Breakfast

Selection of cereals

Toast and spreads

Waffles, maple syrup and chocolate sauce

Lunch

Roast Loin of Pork

Yorkshire pudding,

Roast potatoes, vegetables and gravy

Fresh Fruit Salad

Dinner

Chicken Curry and rice

Fruit



SLINDON COLLEGE

Allergen Information

“All our food is prepared in a kitchen where nuts, gluten and other allergens are present.

Our menu descriptions do not include all of the ingredients.

If you have a food allergy, please inform the kitchen team before ordering.

Full allergen information is available on request”

