



**SLINDON
COLLEGE**

RELATIONSHIP AND SEX EDUCATION (RSE) POLICY

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Approved by: Curriculum & Staffing Committee

Effective relationship and sex education is essential if young people are to make responsible and well informed decisions about their lives. It should not be delivered in isolation. It should be firmly rooted within the framework for PSHEE and the National Curriculum, which lie at the heart of our policy to raise standards and expectations for all pupils.

The objective of relationship and sex education is to help and support young people through their physical, emotional and moral development. A successful programme, firmly embedded in PSHEE, will help young people learn to respect themselves and others and move with confidence from childhood through adolescence into adulthood. It will also equip young people with the information, skills and values to have safe, fulfilling and enjoyable relationships and take responsibility for their sexual health and well-being.

In this document we outline the aims of Slindon College's RSE education, how we address these aims and the process by which we evaluate how successfully we achieve these aims and update the following RSE education lessons.

Slindon College is an independent College working with boys who have additional needs aged between 8 and 18 years, who are drawn from diverse social, ethnic and religious backgrounds. This policy was developed with careful consideration to Relationship and Sex Education Guidance DfES latest update was September 2021 as well as local authority and national guidelines.

Principles and values

Slindon College believes that RSE should:

- Be an integral part of the lifelong learning process, beginning in early childhood and continue into adult life and an entitlement for all young people
- Encourage every pupil to contribute to make our community strong and aims to support each individual as they grow and learn.
- Encourage every pupil to find ways to develop and celebrate self-esteem.
- Be set within this wider school context and support family commitment and love, respect and affection, knowledge and openness. Family is a broad concept; not just one model. It includes a variety of types of family structure, and acceptance of different approaches.
- Encourage pupils to share and respect each other's views. The important values are love, respect, consent, safe choices and to care for each other.
- Generate an atmosphere where questions and discussion on sexual matters can take place without any stigma or embarrassment.
- Allow time to discuss and educate about the impact of technology on pupil attitudes and knowledge and deliver a robust online safety curriculum which

offers an understanding of how relationships can form and how to avoid grooming, exploitation and engaging in age inappropriate conduct.

- Recognise that parents/carers are the key people in teaching their children about sex, relationships and growing up and consult them about the content of programmes.
- Recognise that the wider community has much to offer and we aim to work in partnership with health professionals, social workers, peer educators and other mentors or advisers.

Relationship and Sex Education in this school has three main elements:

Attitudes and Values

- Learning the importance of values, individual conscience and moral choices.
- Learning the value of family life and stable and loving relationships.
- Learning about the nurture of children.
- Learning the importance and value of respect, love, consent and care.
- Exploring, considering and understanding moral dilemmas.
- Developing critical thinking as part of decision-making.
- Challenging myths, misconceptions and false assumptions about normal behaviour.

Personal and Social Skills

- Learning to manage emotions and relationships confidently and sensitively.
- Developing self-respect and empathy for others.
- Learning to make choices with an absence of prejudice.
- Developing an appreciation of the consequences of choices made.
- Managing conflict.
- Empower pupils with the skills to be able to avoid inappropriate pressures or advances (both as exploited or exploiter).

Knowledge and Understanding

- Learning and understanding physical and mental development at appropriate stages.
- Understanding human sexuality, reproduction, sexual health (including STIs), emotions and relationships.
- Learning about contraception and its uses as well as the range of local and national sexual health advice and support services.
- Learning the reasons for age appropriate sexual activity.
- Understanding what consent is and how to confidently give and receive it.
- Understanding the risks of online relationships and how to remain safe online.
- Learning about the law around sexual activity and what constitutes harassment and assault.

Aims

The aim of RSE is to provide balanced factual information about human reproduction, together with consideration of the broader emotional, ethical, religious, and moral dimensions of sexual health. Our RSE programme aims to prepare pupils, from Key Stage 2 onwards, for an adult life in which they can:

- Develop positive values and a moral framework that will guide their decisions, judgements and behaviour; have the confidence and self-esteem to value themselves and others and have respect for individual conscience and the skills to judge what kind of relationship they want.
- Understand the consequences of their actions and behave responsibly within sexual and pastoral relationships.
- Avoid being exploited or exploiting others or being pressured into unwanted or unprotected sex.
- Communicate effectively by developing appropriate terminology for relationship and sex issues.
- Develop awareness of their sexuality and understand human sexuality; challenge sexism and prejudice, and promote equality and diversity
- Understand the arguments for delaying sexual activity and the reasons for not having unprotected sex.
- Have sufficient information and skills to protect themselves and, where they have one, their partner from uninvited/unwanted conceptions and sexually transmitted infections.
- Be aware of sources of help and acquire the skills and confidence to access confidential health advice, support and treatment if necessary.
- Know how the law applies to sexual relationships and online activity.

Organisation and Content of Relationship and Sex Education

Slindon College specifically delivers Relationship and Sex Education through its PSHEE from KS2 - KS5 and some Science lessons at KS2, KS3 and KS4. It is jointly organised and delivered by PSHEE co-ordinator, Head of Prep and the Science teachers. The PSHEE teachers follow the spiral curriculum set out within the Unifrog Programme from Key Stage 3.

RSE in Key Stage 2

Within the Prep Department the pupils will work towards fulfilling the Relationships education content to be covered by the end of Primary school as set out in the DfE RSE and Health Education statutory guidance document (July 2025). The content covers 5 key areas:

- Families and people who care for me
- Caring friendships
- Respectful, kind relationships
- Online safety and awareness

- Being safe – understanding boundaries, reporting abuse etc

Sex education is not compulsory in primary schools (Relationships Education, Relationships and Sex Education (RSE) and Health Education Statutory guidance July 2025); pupils will study how the body changes with age, including puberty, and will also study conception and birth as part of the “Changing Me” curriculum.

The Unifrog PSHEE Programme

Designed as a whole-school approach, Unifrog establishes consistency that gives all teachers confidence to deliver high-quality lessons that are up to date and progressive from KS3 to KS5. Unifrog lessons meet the current Department for Education statutory RSE and health education guidance and PSHE Association objectives (in place until 31 August 2026). The spiral curriculum will be updated by 1 September 2026, to ensure full coverage of the updated guidance which becomes statutory on 1 September 2026, alongside the anticipated updated PSHE Association objectives. This will likely involve additions, edits, and omissions to existing lesson content. Unifrog lessons are “Designed from the ground up” based on the RSE guidelines. Optional resources are available within all lessons which support pupils with SEND to access the vital information they need to enhance their understanding of relationships and how to maintain and practice safety and respect in sexual relationships.

Inclusion

We intend our policy to be sensitive to the needs of all groups and we will respond to parental/carers requests and concerns. We will refer pupils to specialist support where we deem it appropriate.

We will approach sexual orientation and gender identity with honesty, care and support. We also ensure that sexual orientations and gender identities are embedded into the curriculum at all points as well as ensuring pupils have a comprehensive understanding of LGBTQ+. This allows for all young people to have a relevant and inclusive RSE curriculum.

Parent/carers role & right of withdrawal of pupils from Relationship and Sex Education

The College is aware that the primary role in young people’s relationship and sex education lies with parents and carers. We wish to build a positive and supportive relationship with the parents and carers of young people at our school through mutual understanding, trust and cooperation. Parents have the right to withdraw their child from part of the relationship and sex education, but not that part covered in the statutory Science curriculum. If a parent wishes their child to be withdrawn from any aspect of relationship and sex education, they should discuss this with the Headteacher, and make it clear which aspects of the programme they do not wish

their child to participate in. Although the College strongly recommends that all pupils take part in RSE lessons, it always complies with the wishes of parents in regard to withdrawal from particular lessons and will provide appropriate sources of information for parents who wish to withdraw their children.

In order for parents / carers to make informed decisions the relevant RSE materials will be shared via correspondence from the PSHEE lead via the Engage parent portal . (See appendix 1)

Confidentiality, Controversial and Sensitive Issues

Teachers cannot offer unconditional confidentiality. Teachers are not legally bound to inform parents or the Headteacher of any disclosure unless the Headteacher has specifically requested them to do so or in the case of a safeguarding concern which should be reported directly to the Designated Safeguarding Lead (DSL). Teachers, in line with best practice, will implement a working agreement with their class of pupils at the start of each RSE lesson to remind pupils of the ground rules of being respectful and kind in each lesson and that everyone has the right to “Participate or Pass”.

If the teacher has concerns, they will draw their concerns to the attention of the College’s DSL and/or Headteacher. The College’s DSL will deal with Child Protection matters in consultation with the Education Safeguarding Team, Children and Families and health care professionals (see also Safeguarding Policy). Other support agencies working within the school classroom context are governed by the College’s Visiting Speakers policy, although health professionals such as school counsellors/nurses will be bound by their professional confidentiality guidelines. In a case where a teacher learns that a pupil under the age of 16 is having or contemplating sexual intercourse:

- The young person will be persuaded, wherever possible, to talk to parent/carer and if necessary to seek medical advice.
- Child protection issues will be considered under the College’s procedures.
- The College will notify parents/carers and provided suitable information regarding contraception, including information about where young people can access contraception and advice services.
- In any case where child protection procedures are followed, the teacher will ensure that the young person understands that if confidentiality has to be broken, they will be informed first.
- Visiting health professionals are bound by their codes of conduct in a one-to-one situation with an individual pupil, but in a classroom situation they must follow the College’s safeguarding policy.

Dealing with inappropriate sexual behaviour

The College has a zero-tolerance approach to inappropriate sexual behaviour. Throughout the RSE curriculum, all pupils will be educated on what constitutes

inappropriate sexual behaviour and the law around it. They will also be given the skillset to challenge peers and report any inappropriate sexual behaviour, as well as keep themselves safe within their relationships.

Inappropriate sexual behaviour can include:

- Inappropriate touching
- Not obtaining consent
- Sexting i.e. sharing of inappropriate images
- Cyberbullying
- Upskirting
- Nudity in public
- Masturbation in public

All staff, as well as the PSHEE team, are regularly updated on local and national issues related to RSE and best practice approaches. This includes raising concerns about inappropriate sexual behaviour, and who to go to for this information, so that it can be addressed.

Appendix 1 – sample of lesson content for RSE from Year 7 using the Unifrog Programme (from Unifrog website).

DfE RSE and Health Education statutory guidance

The spiral curriculum has been designed to meet the **current** DfE RSE and Health Education statutory guidance (for teaching until 31 August 2026). For September 2026, the spiral curriculum will be revised to meet the **updated** RSE and Health Education statutory guidance (for introduction 1 September 2026) and this tab will be updated.

Core Theme	Topic Area	Objective (pupils should know)	11-14 lesson (KS3)	14-16 lesson (KS4)	16-18 lesson (KS5)
Relationships and sex education (RSE)	Families	that there are different types of committed, stable relationships.	Understanding marriage	Rights and responsibilities: marriage and civil partnerships	
Relationships and sex education (RSE)	Families	how these relationships might contribute to human happiness and their importance for bringing up children.	Understanding marriage	Rights and responsibilities: marriage and civil partnerships	
Relationships and sex education (RSE)	Families	what marriage is, including their legal status – for example, that marriage carries legal rights and protections not available to couples who are cohabiting or who have married, for example, in an unregistered religious ceremony.	Understanding marriage	Rights and responsibilities: marriage and civil partnerships	
Relationships and sex education (RSE)	Families	why marriage is an important relationship choice for many couples and why it must be freely entered into.	Understanding marriage	Rights and responsibilities: marriage and civil partnerships	
Relationships and sex	Families	the characteristics and legal status of other types of long-term	Understanding marriage	Rights and responsibilities:	

education (RSE)		relationships.		marriage and civil partnerships	
Relationships and sex education (RSE)	Families	the roles and responsibilities of parents with respect to raising of children, including the characteristics of successful parenting.	Family life: parenthood and caring		Making choices about pregnancy and parenthood
Relationships and sex education (RSE)	Families	how to determine whether other children, adults or sources of information are trustworthy, judge when a family, friend, intimate or other relationship is unsafe (and to recognise this in others' relationships), how to seek help or advice, including reporting concerns about others, if needed	Spotting unhealthy and abusive relationships		Staying safe: recognising harassment and abuse
Relationships and sex education (RSE)	Respectful relationships, including friendships	the characteristics of positive and healthy friendships, in all contexts including online, such as: trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and the management of conflict, reconciliation and ending relationships, this includes different (non-sexual) types of relationship	What makes a healthy relationship? Relationships and conflict	The impact of relationships Navigating conflict in relationships Taking others' perspectives	Respectful relationships: trust and intimacy Respectful relationships: ending relationships Respectful relationships: meeting new people
Relationships and sex education (RSE)	Respectful relationships, including friendships	practical steps they can take in a range of different contexts to improve or support respectful relationships	What makes a healthy relationship?	The impact of relationships Taking others' perspectives	Respectful relationships: trust and intimacy

Relationships and sex education (RSE)	Respectful relationships, including friendships	how stereotypes, in particular stereotypes based on sex, gender, race, religion, sexual orientation or disability, can cause damage (for example, how they might normalise non-consensual behaviour or encourage prejudice)	Challenging gender stereotypes Recognising and preventing discrimination	Challenging prejudice and discrimination	Intersectionality, marginalisation, and privilege
Relationships and sex education (RSE)	Respectful relationships, including friendships	that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including people in positions of authority and due tolerance of other people's beliefs	Recognising and preventing bullying		Understanding cultural identity and cultural competency
Relationships and sex education (RSE)	Respectful relationships, including friendships	about different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders to report bullying and how and where to get help	Recognising and preventing bullying		
Relationships and sex education (RSE)	Respectful relationships, including friendships	that some types of behaviour within relationships are criminal, including violent behaviour and coercive control	Spotting unhealthy and abusive relationships	The impact of relationships	Staying safe: recognising harassment and abuse
Relationships and sex education (RSE)	Respectful relationships, including friendships	what constitutes sexual harassment and sexual violence and why these are always unacceptable	Consent: what is it and why is it essential?	Understanding consent and intimacy: offline and online	Consent matters
Relationships and sex education (RSE)	Respectful relationships, including friendships	the legal rights and responsibilities regarding equality (particularly with reference to the protected characteristics as defined in the	What is diversity? Recognising and preventing	Know your rights: the Equality Act 2010 Challenging	Understanding inclusion

		Equality Act 2010) and that everyone is unique and equal	discrimination	prejudice and discrimination	
Relationships and sex education (RSE)	Online and media	their rights, responsibilities and opportunities online, including that the same expectations of behaviour apply in all contexts, including online	Media literacy: staying safe online	Staying safe online: protecting your personal data Staying safe online: misinformation and extremism	Understanding online misinformation Staying safe: setting boundaries online
Relationships and sex education (RSE)	Online and media	about online risks, including that any material someone provides to another has the potential to be shared online and the difficulty of removing potentially compromising material placed online	Media literacy: staying safe online Sex and consent online	Staying safe online: protecting your personal data	Staying safe: setting boundaries online
Relationships and sex education (RSE)	Online and media	not to provide material to others that they would not want shared further and not to share personal material which is sent to them	Media literacy: staying safe online Sex and consent online	Staying safe online: protecting your personal data	Staying safe: setting boundaries online
Relationships and sex education (RSE)	Online and media	what to do and where to get support to report material or manage issues online	Media literacy: staying safe online Sex and consent online	Staying safe online: protecting your personal data Staying safe online: misinformation and extremism	Understanding online misinformation Staying safe: setting boundaries online
Relationships and sex education (RSE)	Online and media	the impact of viewing harmful content	Media literacy: staying safe online	Staying safe online: misinformation and extremism	Understanding online misinformation Staying safe:

					setting boundaries online
Relationships and sex education (RSE)	Online and media	that specifically sexually explicit material, for example pornography, presents a distorted picture of sexual behaviours, can damage the way people see themselves in relation to others and negatively affect how they behave towards sexual partners	Sex, relationships, and the media	Understanding pornography	
Relationships and sex education (RSE)	Online and media	that sharing and viewing indecent images of children (including those created by children) is a criminal offence which carries severe penalties including jail	Sex and consent online		
Relationships and sex education (RSE)	Online and media	how information and data is generated, collected, shared and used online	Media literacy: staying safe online	Staying safe online: protecting your personal data	Staying safe: setting boundaries online
Relationships and sex education (RSE)	Being safe	the concepts of, and laws relating to, sexual consent, sexual exploitation, abuse, grooming, coercion, harassment, rape, domestic abuse, forced marriage, honour-based violence and FGM, and how these can affect current and future relationships	Understanding marriage Spotting unhealthy and abusive relationships Consent: what is it and why is it essential? Female genital mutilation (FGM): facts and risks	Rights and responsibilities: marriage and civil partnerships Understanding consent and intimacy: offline and online	Understanding forced marriage Staying safe: recognising harassment and abuse Consent matters

Relationships and sex education (RSE)	Being safe	how people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn, in all contexts, including online	Consent: what is it and why is it essential?	Understanding consent and intimacy: offline and online	Consent matters
Relationships and sex education (RSE)	Intimate and sexual relationships, including sexual health	how to recognise the characteristics and positive aspects of healthy one-to-one intimate relationships, which include mutual respect, consent, loyalty, trust, shared interests and outlook, sex and friendship	What makes a healthy relationship?	The impact of relationships	Respectful relationships: trust and intimacy
Relationships and sex education (RSE)	Intimate and sexual relationships, including sexual health	that all aspects of health can be affected by choices they make in sex and relationships, positively or negatively, for example physical, emotional, mental, sexual and reproductive health and wellbeing		The impact of relationships	
Relationships and sex education (RSE)	Intimate and sexual relationships, including sexual health	the facts about reproductive health, including fertility and the potential impact of lifestyle on fertility for men and women and menopause		Understanding pregnancy: your choices	Making choices about pregnancy and parenthood
Relationships and sex education (RSE)	Intimate and sexual relationships, including sexual health	that there are a range of strategies for identifying and managing sexual pressure, including understanding peer pressure, resisting pressure and not pressurising others	Consent: what is it and why is it essential?		Consent matters
Relationships and sex education	Intimate and sexual relationships,	that they have a choice to delay sex or to enjoy intimacy without sex	Consent: what is it and why is it essential?	Understanding consent and intimacy: offline	Consent matters

(RSE)	including sexual health			and online	
Relationships and sex education (RSE)	Intimate and sexual relationships, including sexual health	the facts about the full range of contraceptive choices, efficacy and options available	Practising safe sex	Sexual health: choosing and accessing contraception	Making choices about your sexual health
Relationships and sex education (RSE)	Intimate and sexual relationships, including sexual health	the facts around pregnancy including miscarriage		Understanding pregnancy: your choices	Making choices about pregnancy and parenthood
Relationships and sex education (RSE)	Intimate and sexual relationships, including sexual health	that there are choices in relation to pregnancy (with medically and legally accurate, impartial information on all options, including keeping the baby, adoption, abortion and where to get further help)		Understanding pregnancy: your choices	Making choices about pregnancy and parenthood
Relationships and sex education (RSE)	Intimate and sexual relationships, including sexual health	how the different sexually transmitted infections (STIs), including HIV and AIDs, are transmitted, how risk can be reduced through safer sex (including through condom use) and the importance of and facts about testing	Practising safe sex	Sexual health: preventing and treating STIs	Making choices about your sexual health
Relationships and sex education (RSE)	Intimate and sexual relationships, including sexual health	about the prevalence of some STIs, the impact they can have on those who contract them and key facts about treatment		Sexual health: preventing and treating STIs	

Relationships and sex education (RSE)	Intimate and sexual relationships, including sexual health	how the use of alcohol and drugs can lead to risky sexual behaviour	Practising safe sex		Making choices about your sexual health
Relationships and sex education (RSE)	Intimate and sexual relationships, including sexual health	how to get further advice, including how and where to access confidential sexual and reproductive health advice and treatment	Practising safe sex	Sexual health: choosing and accessing contraception	Making choices about your sexual health

